

64th Al-Anon Birthday Celebration 2022 Virtual April 30th 2-4pm Zoom ID 978 885 7811 Password 0430 Theme: Creating Balance

## AA and Alanon Speakers

Balancing Emotions, Hopes, Dreams, Forward Motion during times of Fear, Uncertainty, Upheaval and Change.

## We were made for these times.

Everything we have learned in Al-anon helps us navigate Life, Service to Others, and Service to Self. **We sure know how to** adapt. Pass on this inspiration. Invite a friend to the Birthday Celebration and a Meeting !!

How have you created balance in these unusual times? What Defect and Virtue are you balancing the most this year? Al-anon Birthday Celebration

Join Zoom Meeting <u>https://</u> us02web.zoom.us/i/9788857811? pwd=YTkrOGpLTnJRVkIrQ3pXNkth NG9Wdz09

Meeting ID: 978 885 7811 Passcode: 0430

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 929 205 6099 US (New York) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) Meeting ID: 978 885 7811 Passcode: 0430

Find your local number: <u>https://</u> us02web.zoom.us/u/kc098dsZ70

