

**Ready to come up for air?**

**Come to Al-Anon's District Seven 2023 SereniTea:**

**“Anchored in Fellowship”**



**2-4 pm Sunday, March 5, 2023**

**Grace United Methodist Church  
5407 North Charles Street  
Baltimore, MD 21210**

**Al-Anon & AA Speakers! Tea, coffee, & yummy refreshments!  
No registration necessary. Voluntary contributions. BYOM (Bring Your Own Mug)**

**Sign up <here> if you'd like to bring food.**

**Questions? [District7AFG@gmail.com](mailto:District7AFG@gmail.com)**

**AHOY!**