

Minutes for April 17, 2024 – 7:00–8:30 PM - Held Via Zoom

**Opening:**

The meeting opened at 7:09 PM with a moment of silence, followed by the Serenity Prayer and the Concepts of Service. The members introduced themselves and their affiliations. Those present were Lynne F., Jack A., Jim I., Mary Kay S., Ernest Q., Jan B., and Erin I.

**January 17, 2024 Meeting Minutes:**

The Secretary asked if there were any changes to the minutes from the January 17, 2024 meeting. Hearing none, a motion to approve the minutes was requested, which was then moved and seconded. The motion passed unanimously.

**Treasurer’s 1<sup>st</sup> Quarter Report:**

Jim I. provided the Treasurer’s Report for the first quarter of 2024:

Beginning Balance	\$3344.49
Donations	90.75
Expenses	(455.31)
Ending Balance	<u>\$2979.93</u>

2024 Donations –

1<sup>st</sup> Quarter \$90.75 - 2<sup>nd</sup> Quarter \$TBD – 3<sup>rd</sup> Quarter \$TBD – 4<sup>th</sup> Quarter \$TBD

Please send donations for Al-Anon & Alateen – Mid-Chesapeake Region Al-Anon Information Services donations to:

Mid-Chesapeake Region AIS  
PO Box 763  
Severna Park MD 21146

Jim stated that contributions so far for the second quarter are \$422.65. Jim stated that we will have a new expense to cover the cost of a Wordpress staging site for the AIS web site. Staging allows us to test the plug-in updates to ensure that the live web site will not crash. The approximate cost to cover one month of staging time is \$15.00. Jim stated that there has been very little email traffic, which may suggest that the web site is working well to provide newcomers with the information they are seeking.

Jim stated that he has formulated a budget for 2024. Budget items include the following:

Line Item	Amount
Telephone	\$960
Post Office Box	\$250
Web hosting	\$200
Literature	\$600
Discretionary fund	\$400
TOTAL	\$2420

There was a discussion regarding the purpose of the discretionary fund and what expenses are expected for this category. Lynne suggested a line item for Operating Expenses with \$200, and Discretionary be set at \$200. Jim stated that those changes would be made to the budget. There was a discussion regarding the funding of other budget categories. Lynne stated her concern that the typical income level from donations may not be sufficient to fund the budget in its current form. There was a consensus that the budget would be monitored and adjusted if necessary. Lynne stated that ideally the districts and groups with Alateen meetings provide additional support for their Alateen meetings to reduce the pressure on the AIS budget for Alateen.

Lynne asked for a motion to approve the 2024 AIS Budget as amended:

Line Item	Amount
Telephone	\$960
Post Office Box	\$250
Web hosting	\$200
Literature	\$600
Discretionary fund	\$200
Operating expenses	\$200
TOTAL	\$2420

Erin offered the motion which was seconded by Jan. The motion passed unanimously.

**Old Business**

Lynne stated that no comments have been received one way or another regarding printed directories. Lynne stated that the groups can print copies of the directories if the groups feel that they are necessary. The AIS will not print directories going forward but will continue to maintain a PDF copy on the AIS web site.

## Coordinator's Reports

**Alateen:** Margene offered her thanks to the AIS for their generous support by donating several Spanish language Alateen Welcome packs, approximately twelve Alateen Red Daily Readers, and six or more Alateen Daily Readers for older teens. Margene turned all literature over to Club 164 so no longer have the exact number of each individual piece donated, but we are very grateful. Club 164 is successful and growing. We had four teens the first week and five to seven at later weeks. The numbers vary each week but a positive move. The AA members set up everything prior to our arrival on Thursday evenings. We have privacy and occasional snacks. Most teens are Spanish speaking so it would be nice to have an Alateen AMIAS certify with us who speaks some Spanish.

All AMIAS must recertify with Area 24 each year. We are currently in the process of recertifying everyone and certifying anyone new who might be interested in becoming an AMIAS. The requirements for being an AMIAS are listed on our website.

Barb. G., along with Bill, Public Outreach Coordinator from District 15 Outreach, attended the event "The Haunted House of Addiction" at Marley Station. It was well attended by students, who had no school that day, as well as counselors, and recovery staff. Barb gave me the name of a nurse contact, interested in Alateen literature for her Southern Middle School students in Lothian. I contacted the nurse and provided several pieces of literature and posters.

There was a Wellness Fair at Arundel High School April 17, which Alateen supported. We continue to ask everyone to announce the new location of Alateen at Club 164, on Thursday 7PM to 8 PM, Al-Anon and AA meetings at the same time and place. I have included a flyer of the current meetings for everyone to share.

**Answering Service:** Jan B advised that answering service traffic has been very quiet. There have been a few inquiries from professionals seeking resources for their clients.

**Directories:** Mary Kay advised that the most recent directory version is dated 4-10-24 which was just updated to reflect the changes to the Saturday 10:30 meeting.

Mary Kay sent the soft copy version to Megan and Pam so the most current version of the directory can be posted on the AIS website.

There has been no further discussion of printing the directory in volume. The recommendation is that Group Reps print several copies for their meeting to share with newcomers.

**Public Outreach:** Bill attended The House of Addictions event at Marley Station mall, geared towards teens, and the event was well attended, and many members of the community and teens stopped by the Al-anon table. Our next Public Outreach meeting will be Wednesday, May 15th, via Zoom.

**Webmaster:** Pam M. has agreed to continue as the web site coordinator.

## **New Business**

Lynne provided contact information for our Area Chairperson who has volunteered to attend the WSO Assembly in Virginia Beach since we do not have a delegate at present. Lynne encouraged the groups to send notes of gratitude to the Area Chairperson.

Lynne stated that there is an election coming up in October. Lynne advised that her Chairperson term, Erin's Co-Chairperson term and Jim's Treasurer term will end at that time. Lynne stated that Mary Kay has previously prepared position descriptions. We have a few months to put together some ideas for outreach to the groups to recruit nominees. Lynne opened the floor for discussion of recruitment ideas. Jim suggested outreach to the groups to make them aware of the upcoming vacancies and suggested using the web site to announce the vacancies. Ernest and Jack stated that their home group email lists are available to announce the vacancies. Lynne stated she will prepare an announcement for the AIS web site. Lynne asked the incumbents to prepare a brief description of their duties and comments on how their service roles have helped their recovery.

## **Area 24 and World Service Related Announcements:**

- Spring Assembly May 16, 2024
- July AIS meeting July 17, 2024
- Fall AWSC: September 21, 2024
- Fall Assembly: October 19, 2024

Closing - Al-Anon Declaration

The meeting adjourned at 8:35 PM with a reading of the Al-Anon Declaration.