



32nd Annual AFG of MD & DC



Fall Convention

With AA participation

November 8-10, 2024



HUGS

Hope, Unity, Gratitude, Serenity

Convention Registration

\$140 (\$70 Under 18) – Early (by 10/10, online or postmarked)
\$160 (\$80 Under 18) – Regular (by 11/1, online or postmarked)
\$180 (\$90 Under 18) – Onsite registration

Under 18 attending with attending parent or guardian.

All sessions are open to all attendees.

For more info and to register online...

www.TinyURL.com/AFG24FC

Questions? Call 443-574-7668 or email

AFG24FallConv@Gmail.com

Sheraton Baltimore North Hotel

903 Dulaney Valley Road, Towson, MD

Standard room rate is \$120 plus tax

Club room rate is \$140 plus tax (inc. breakfast for 2)

Cutoff date for hotel rate is 10/24 – Free Parking

Register online TinyURL.com/AFG24FCHotel

or Call 410-321-7400, mention Al-Anon Fall Convention

Staying at the convention hotel benefits the convention.

Fall Convention Website

Tinyurl.com/AFG24FC

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2024 AFG Fall Convention Registration Form (one per person)

Make checks payable to “**AFG Fall Convention**”

Send to **AFG Fall Convention, 3116 Parkway, Cheverly, MD 20785**

Name Email

Address Phone

City State Zip Al-Anon AA

Emergency Contact: Name Phone

18 years old or older? Yes No

Amount Enclosed: \$

All sessions are open to all registered attendees only.

Optional Hotel Registration is Separate. Be sure to mention Al-Anon.

FALL AL-ANON TOPIC MEETING TITLES

Each workshop/meeting throughout the conference is led by two volunteers.

Please let us know meetings you would be willing to lead.

1. Steps 1,2,3: From Self-will to Higher-powered	2. Step 4: Discovering the Root of Our Pain
3. Steps 5,6,7: Getting Ready to Change	4. Steps 8,9: Walking the Talk
5. Steps 10,11,12: Freedom Inside and Out	6. Step 11: Using Meditation in Recovery
7. Traditions: Making Unity Possible	8. Anonymity-Tradition 12: Speaking for Myself
9. Concepts: Paying it Forward Through Service	10. Sponsorship: Side-By-Side With My Guide
11. Slogans: Pocket Thoughts	12. Daily Readers: How They Fit Into My Recovery
13. The 3 Cs: Embracing Powerlessness	14. Gratitude: Savoring the Good
15. Spirituality: Trusting the Connection	16. Boundaries: Guarding the Gate of Serenity
17. The 3 As: Awareness/Acceptance/Action: Process for change	18. Let it Begin with Me: Where to Start
19. Detaching with Love: Respect and Dignity for All	20. Emotional Intimacy: Connecting Safely
21. My Finances: Counting on Tradition 7	22. Conflict Resolution: Using the CAL Wallet Card
23. Resentments: Choosing Peace or Poison	24. Communication: To Talk or Not to Talk
25. Parents of Alcoholics: You Are Not Alone	26. Children of Alcoholics: Connecting the Dots

FALL AA TOPIC MEETING TITLES

27. Living the Dream	28. Rule 62 - Don't Take Yourself So Seriously
29. How Service Has Helped Your Sobriety	

Leading a topic meeting is a wonderful service opportunity! Select by number.

Three Al-Anon topic meeting you would be willing to lead

Two AA topic meeting you would be willing to lead