

**Save the Date! Save the Date! Save the Date!**

48th Annual Al-Anon Family Groups of  
Maryland and the District of Columbia

## **Spring Convention**

With AA Participation

*A Little Time For Myself*



**June 12, 13, & 14, 2026**

Frostburg University, Frostburg, MD

Workshops, Al-Anon and AA Speakers, Spirituality Speakers, Entertainment, Fellowship,  
Dance, Bingo, Meals with Vegan and Gluten-free Meal Options.

*Come for the entire weekend or Saturday only.*

For more info email: [springconventionchair@gmail.com](mailto:springconventionchair@gmail.com)

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